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Whole meal flour - definition of whole meal flour

Related WordsSynonymsLegend: Noun 1. whole meal flour - flour made by grinding the entire wheat berry including the bran; ('whole meal flour' is British usage) graham

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Book of Whole Meals: A Seasonal Guide to Assembling Balanced Vegetarian Breakfasts, Lunches, vegetarians," said The New York Times of Annemarie Colbin's cooking

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