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HARLEY PASTERNAK, M.SC. Celebrity trainer and nutritionist Harley Pasternak holds a Master of Science in Exercise Physiology and Nutritional Sciences from the [his forbidden kiss.pdf](#)

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5- factor world diet - diet review

The 5-Factor World Diet is a another book in Harley Pasternak and Laura Moser's bestselling 5-Factor series. Harley Pasternak is a renowned fitness expert with a

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Harley Pasternak, M.Sc., is one of America's most sought-after diet and fitness experts. Harley's latest book, The 5-Factor World Diet (Ballantine,

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The 5- factor world diet (book, 2010)

The 5-factor world diet. [Harley Pasternak; Laura Moser] -- "The 5 factor world diet takes the 5-factor principles -- five meals a day, five core ingredients,

Harley pasternak | aol features

Celebrity trainer and nutritionist Harley Pasternak holds a Master of Science in 5-Factor Diet, The 5-Factor World Diet. Harley is a Toronto native and

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Harley Pasternak Minimus 00 5-Factor Diet, The 5-Factor World Diet, Harley is a Toronto native and currently resides with his wife and daughter in Los Angeles.

The 5- factor world diet (book, 2009)

The 5-factor world diet. [Harley Pasternak; Laura Moser] -- "The 5 factor world diet takes the 5-factor principles -- five meals a day, five core ingredients,

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Author of the bestselling 5-Factor Diet , Pasternak is a fitness trainer and nutritionist to big-name celebrities like Halle Berry, and Jessica Simpson. Accompanying

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Pasternak, Harley. The 5 Factor Diet. Des Moines, IA: Meredith Books, 2006. Pasternak, Harley, with Laura Moser. The 5-Factor World Diet. New York:

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