

Teaching Gong Yoga By Mehtab Benton

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MEHTAB BENTON is the originator Astrology Yoga, Teaching Gong Yoga, She has trained Hatha Yoga teachers through her Yoga Alliance Registered School and is [steve howe guitar pieces.pdf](#)

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Featuring: Mehtab. Mehtab is the originator and author of Gong Yoga, Mehtab will be teaching the following at the festival:

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Event Details Return to Calendar. Required Text: Gong Yoga by Mehtab Benton Recommended Resource: 'How To Play the Gong' DVD Course by Mehtab Benton

Mehtab benton (author of gong yoga)

Mehtab Benton is the author of Gong Yoga (5.00 avg rating, 1 rating, 0 reviews, published 2008), Teaching Gong Yoga (0.0 avg rating, 0 ratings, 0 reviews)

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Mehtab benton at spirit voyage

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