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Chu gar mantis - 1977 chu kwong hua / sun yu hing

Feb 12, 2009 Chu Kwong Hua, successor to Lao Sui, was present during this years celebration along with Lao Sui's other prominent disciples such as Sun Yu Hing. They can

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named after the mantis. The legacy of Lau Soei that Chu Gar can be found in China Praying Mantis having studied the martial art for over 13

Sean robinson (author of apex magazine issue 71)

Sean Robinson is the author of The Surge (3.00 avg rating, 1 rating, 0 reviews, Chu Gar Mantis: Lao Sui's Martial Art Legacy in China by Roger D Hagood,

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